

THE BELL



August
Volume 22 Number 08

UPCOMING WORSHIP

July 31

"Leaving Home"
Exodus 13:17-21

August 7

"The Encounter"
John 4:7-40

August 14

"The Reflection"
Revelation 21:22-26

August 21

"Returning Home"
John 15:1-17

August 28

Zoom-Only Worship
"Refuge" Psalm 71:1-6

To worship with us on Zoom, register once at:
bit.ly/reg4worship.

To worship with us in person (when the in-person option is available), register for each worship service at:

bit.ly/inpersonsignup.

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Niles Discovery
Church

United in God's love for everyone's journey ... no exceptions.

36600 Niles Blvd., Fremont, CA 94536
(510) 797-0895 <http://nilesdiscoverychurch.org>

ZOOM-ONLY WORSHIP AUGUST 28

Because of the Niles Antique Faire & Flea Market on Sunday, August 28, we will not be having in-person worship. Take refuge from the hustle-bustle of Flea Market day and Zoom into worship from the comfort of home. If you need to register for Zoom worship, you can do so here: bit.ly/reg4worship.

FLEA MARKET VOLUNTEERS

It's time to take over the fellowship hall with our treasures! We could use help in the coming weeks to sort, price and sell our goodies in our Annual Flea Market, back for the first time since 2019. We started accepting donations in the fellowship hall on Sunday, July 17. Sorting began on Monday, July 25 and sales will start on Monday, August 1.

Please visit fleamarket2022 to sign up to help.



ANNOUNCEMENT AND NEWSLETTER SUBMISSIONS



Please send announcements and articles as you write them to admin@nilesdiscoverychurch.org. They will be posted on our [News blog](#) as they are received and will be submitted for publication in the following issue of The Bell (if appropriate in terms of timing). The deadline for submissions for the September 2022 edition of The Bell is 8:00 a.m. on Thursday, August 11. In addition to typical newsletter news, we hope to fill each issue of The Bell with reflections, photographs, poems, and so forth by members and friends of the congregation.

CONTACTING THE STAFF

You can call the office 510-797-0895 to leave a message for any staff member.

Mikele Kearney's email is
admin@nilesdiscoverychurch.org

Cecilia Le's email is
cecilia@nilesdiscoverychurch.org

You are encouraged to use the pastors' Calendly apps to make an appointment for a phone call or a Zoom meeting or to meet in person as you would like; their contact information is to the right.

Office absences: Pastor Jeff is on sabbatical through September.

Pastor Brenda's mobile
510-828-4107

Make an appointment:
calendly.com/pastorbrenda

Email:
brenda@nilesdiscoverychurch.org



Associate Pastor
Rev. Brenda
Loreman



Senior Pastor
Rev. Jeff
Spencer



Admin
Mikele
Kearny



**Technology
Director**
Jim Thomas



**Interim
Music Director**
Michael Morales



Bookkeeper
Cecilia
Le



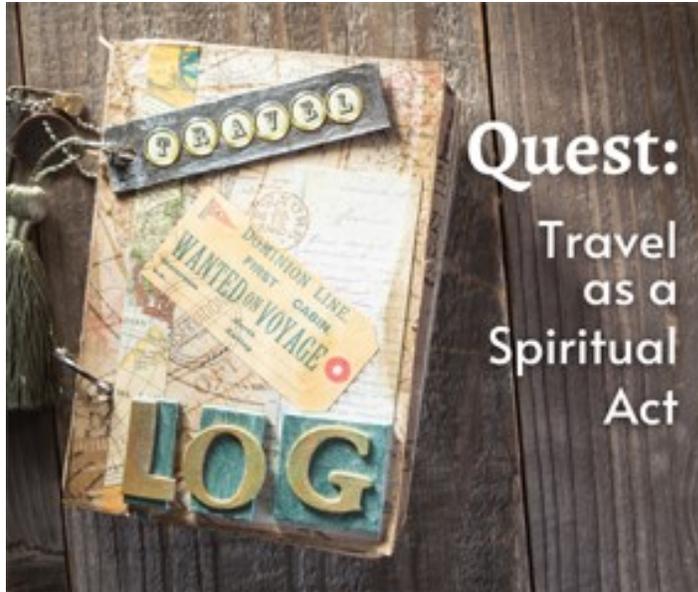
**Accompanist and
Organist**
Jenny Lin

SUMMER WORSHIP SERIES CONTINUES

Our second worship series of the summer is “Quest: Travel as a Spiritual Act,” which began on July 31. Pilgrimage has long been a practice of spiritual devotion, not just in Christianity, but in Islam, Judaism, Hinduism, and most other spiritual traditions. Major experiences such as the Camino de Santiago in Spain or international trips to holy historical sites are perhaps the first kinds of examples that come to mind, but a pilgrim’s path can begin and lead anywhere in the world. A transformational journey could take place closer to home, without boarding a plane or driving a long distance. It could even be an internal journey of transformation that happens without leaving home at all. It’s not so much where or how we travel, but that the act of expanding our horizons and challenging our preconceived notions is essential to our journey of faith. This is the “traveler’s mindset,” and it can also happen

right at home.

This four-week worship series will encourage us to open ourselves more fully to the curiosity and wonder, reflection and transformation that travelers—not merely tourists—experience when we choose to immerse ourselves in soul-widening adventures. “I’m sure that some folks will actually be traveling during this series,” noted Pastor Brenda, “so I hope they’ll tune in to Zoom worship from afar or catch the sermon recordings when they come home.” The series will be completed on August 21, and will also feature Joy Barnitz as one of the preachers.



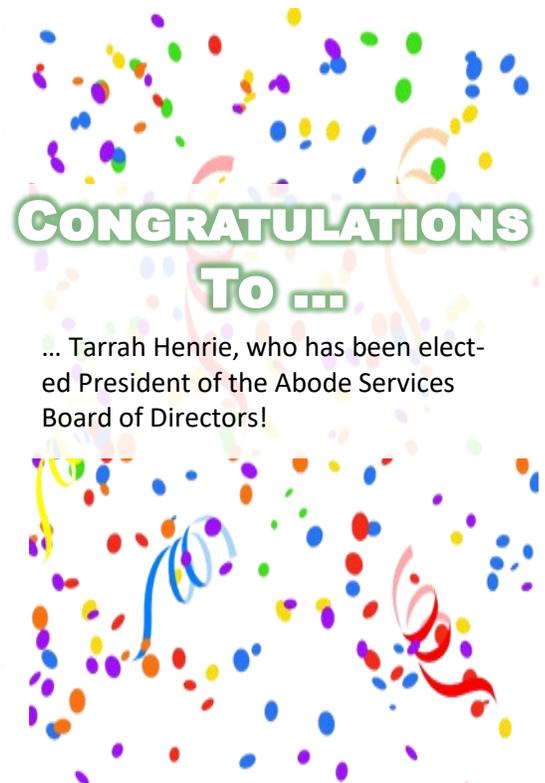
Quest:
Travel
as a
Spiritual
Act

As August comes to a close, we’ll have one Zoom-only worship service on August 28, focused on the theme of “Refuge” from Psalm 71. This will also be Interim Music Director Michael Morales’s final Sunday worshipping with us, and he has planned a special all-ukulele program of special music for the service.



TARRAH HENRIE

**New President of Abode Services'
Board of Directors**



CLIMATE

THE IMPORTANCE OF BRINGING YOUR OWN BAGS TO THE STORE

By Julie Ballard, Green Team Member

Have you ever thought how long it takes for a plastic bag to decompose? Depending on the environment, it can take 1,000 years, or more, for a bag to break down into micro plastic pieces. Of the 100 billion plastic shopping bags Americans use each year, only 1 percent are recycled, so a lot of plastic bag pollution is generated annually. By reusing old bags and taking your own to the store, you'll be saving the animals and the environment.

You can also potentially save money. Some grocery stores offer a discount when you bring a reusable bag. At checkout, ask your cashier if the store offers bag discounts. If offered, it's typically five cents per bag, and that adds up. The average American family uses nearly 1,500 plastic shopping bags, per year. If each bag costs 5 cents, that's \$75 a year you could save on reusing shopping bags. When shopping at Whole Foods, you're able to choose a charity to donate the money to rather than getting back the change.

You may not realize just how many bags have been piled underneath the sink until they've taken over. Create more space in your storage areas by decluttering your cupboards. When you're ready to recycle your accrued plastic bags, stores such as Safeway at the Hub have a receptacle right inside the front door where you can bring them for recycling.

Many of us have good intentions, but we forget to bring our reusable bags into the store with us. Some tips:

1. Once your groceries are unpacked, put your reusable bags right by the door so you see them the next time you head out. Or even better, make a trip out to your car so they're ready to go next time.
2. Make yourself go back for your reusable bags, rather than buying single-use bags at the store when you forget them.
3. If you do forget to bring in your reusable bags, put the groceries back into the cart after check-out and bag them at your car.

Once you start this habit, it becomes easy. I've done it for years.

OLD DOG: NEW TRICKS

By Marilyn Singer, Green Team member

Since moving to Acacia Creek a year ago, I have practiced adapting, and with some interesting results. I walk the dog instead of watching her go in and out the dog door on her own, which means I get some exercise. Most days, I choose my dinner off a menu instead of cooking it, which means I don't cook the same meals I made for countless years over and over.

Continued on next page

GREEN

Which leads me to my subject: hamburgers.

My hamburgers used to be ground beef, and now they are plant-based and made from things like beans, soybeans, tofu, nuts, grains, seeds, and mushrooms. But they still taste great with catsup, tomatoes, lettuce, and sometimes cheese. Does this still sound avant-garde to you? Well, veggie burgers have been around for millennia, mostly in Eurasian cultures, as meatballs and koftas.

The Green Team has sampled some easily available plant-based brands and would like to suggest that you try a meatless burger that will help you and the environment. The tasters are Lynn Miller, Bee Newell, Julie Ballard, Susie Claxton, and Marilyn Singer. We have tried Beyond Meat, Impossible Burgers, and Morningstar and found them good and easily available.

Whatever your old habits are, trying something new is interesting and maybe even good for you, and will be good for the Earth's climate. Try a veggie burger and see what you think.

CLIMATE SUMMER SUNDAY AUGUST 21 - DROUGHT EMERGENCY - TURN ON THE TRICKLE

By Suzy Claxton, Green Team Member



When I turn on the kitchen sink faucet, I don't hit the lever full throttle. I "Turn on the Trickle." Honestly, how much water is needed to rinse that bowl? I catch the spillover in my little grey water container (an old half gallon Treat Ice Cream container from Niles Ice Cream.) I then use that gray water for scrubbing a pot, pan or cat dish.

Please join us after worship service Sunday August 21 to hear a presenter from Alameda County Water District on the current Drought Emergency, the need, tips & tricks to conserve water, and the Lawn Be Gone Rebate Program. The program will be about 20 minutes, including time for questions and answers.

WHO WANTS TO BE INTERVIEWED?

By The Evangelism Ministry Team



Tell the world what you like best about Niles Discovery Church. Please contact Veronica Riggs (vmr49@aol.com) to schedule a Zoom conversation to share your faith and how it is nurtured at NDC. These conversations will be uploaded to our webpage and Facebook pages. Quotes, photos and QR codes from these conversations will be displayed on the Evangelism Ministry's Memory Lane exhibit at our Anniversary event on September 11. Please invite friends and strangers to attend this outreach event to watch the interviews, stroll down our Memory Lane, meet our community, eat, play kid games, and learn about the ways we're helping the wider community and creation. See page 6 for more information.

NCNC UCC ANNUAL GATHERING REPORT

Joy Barnitz and Val Parker attended the Annual Gathering of the Northern California Nevada Conference of the UCC held in June. Key business items included: election of members of Conference Council and members of the sections of the Committee on Ministry, passing a budget, and modifying the bylaws to permit a second gathering each year. In addition, the proposed resolution in support of the Range of Light National Monument

passed. You can access the information on the annual gathering business under AG Participant Materials at ncncucc.org/annual-gathering/. The Bay Association met on Sunday morning after closing worship and shared stories of how their churches had fared during the pandemic and what activities they were engaged in. For more details ask Joy (attended in person) or Val (attended via Zoom).

NILES DISCOVERY CHURCH 10TH ANNIVERSARY AND QUIET TRAIN CELEBRATION

Please plan to join in the celebration of both our 10th anniversary as Niles Discovery Church and the quiet train crossing at Nursery and Mission. Getting the installation of a quiet train crossing, which means no more noisy train whistles day or night at this intersection, has been long in coming. It is exciting for the community to no longer hear the whistles at night or during church services, and it is time to celebrate. We are inviting our Niles neighbors to come celebrate with us.

There will be hot dogs, drinks, and celebration cake, along with games for the kids with prizes, and booths for all our outreach projects. It will give all attending the opportunity to learn more about our work within and beyond our church and have a fun afternoon of celebration.

Feel free to re print the flyer on the opposite page and give it to friends, family, and neighbors to invite them to this fun event.

WILL YOU BE INCLUDED ON MEMORY LANE?

By Cindy Sojourner, Evangelism Ministry Chairperson

Were you taught to never talk about religion or politics to avoid fights? Have you ever wished there were ways to share your appreciation of Niles Discovery Church or your faith in God without getting into fights? The Evangelism team is working on creating a variety of new ways, and we need lots of help.

At our 10th Anniversary Celebration on September 11, we will be creating a Niles Discovery Church Memory Lane on 2 large bulletin boards. There are several other ways to be included in our Memory Lane. Veronica Riggs will be calling various members and inviting them to share their stories. Portions of these interviews will be transcribed for the bulletin board. Some of the interviews via Zoom might get uploaded onto our webpage as well. You can also deliver your testimony to Cindy Sojourner in a story-telling photograph with a fitting caption, written story, poem, prayer, collage, drawing, painting, fiber art, flat sculpture, or puzzle, up to 12" x 12".

When deciding how to participate, we invite you to think about why you appreciate our church in general, and then specifically, with a particular story in mind, about one of our services, meetings, activities, events, or community interactions. We also invite you to think about how God and God's love seems present.

If you have lots of fond church memories to share, ask yourself, "Which one(s) might most attract or help someone looking for a church or in search of God at a significant life moment?" There are people waiting to see, hear, and read our invitations. There are people who need to hear how the people and activities of Niles Discovery Church have helped us gain greater understanding, appreciation and healthy relationships

with the Bible, Jesus Christ, God, a loved one, challenging people, creation, grief, joy and celebration, lifelong learning, prayer, giving, receiving, grace, hope, death, difficult circumstances, life transitions, well-being, parenting, limitations, politics, activism, self-identity, beauty, forgiveness, healing, thanksgiving, and life purpose.

There are people who need to see how God's love is present in our lives: in a time we prepared and ate food together; worked on a group project or program together; listened to a specific sermon series; heard and sang particular songs; became engaged with a visual arts installation; discussed a book together; fixed something at the church; made important decisions together; found needed fellowship on ZOOM; gave or received cards or calls; participated with Abode Services, SAVE, Tri-City Volunteers, Tri-City Interfaith Council, Boy Scouts, Girl Scouts, Camps, Conferences, the Black Lives Matter Art Installation, Elder Care, or the Navigation Center; joined in Green Team environmental activities like Earth Day, planting trees, solar power, clean-up's, climate change education, and activism, etc. There are LGBTQ+ people who need to know they are welcome, affirmed, loved, and celebrated in our church. There are people who need to know that God cares like we care in words and deeds.

Having a wide variety of testimonies will help us reach people who need our community and progressive faith in God through Jesus Christ. We will be collecting your testimonies for our September 11 Anniversary Celebration throughout July and August. Please contact Cindy Sojourner at cindysojourner@gmail.com to deliver your testimony.

Let's Celebrate The Niles Quiet Train Zone

**Join us for
Fun • Food • Games**

September 11, 2022

Noon to 3:00



Niles Discovery Church

United in God's love for everyone's journey ... no exceptions.

36600 Niles Blvd.,

Fremont, CA 94536



SPECIAL OFFERING

Supporting Our Pastors In Helping Others

Let each of you look not only to your own interests, but also to the interests of others. – Philippians 2:4

Our August Special Offering will go to replenish the Pastors' Discretionary Fund. This money is used by our Pastors to help families in emergencies. During the past year, our Pastors have been able to help church families keep rent paid, keep phones connected, prescriptions filled, and lights on thanks to your generosity. In the past they've even helped pay for a cremation.

This offering will be all month. As with all our special offerings, you are welcome to give at any time (always make checks payable to Niles Discovery Church). You can also give online: go to nilesdiscoverychurch.org and click



the "donate" button at the top of the page, go to the "special offerings" section and choose "Pastors Discretionary Fund" from the dropdown menu.

Niles Discovery Church receives a special offering each month. With so many opportunities for special giving, you may need to choose which ones are most important to you. You may view the complete list of special offering opportunities for 2022 at [NDC SpecialOfferings](#).

Many thanks to all that participated in our July Special Offering for School Supplies. At the time of press we had collected \$460.



Second Saturday Documentary Series Presents:

GAZA: STILL ALIVE

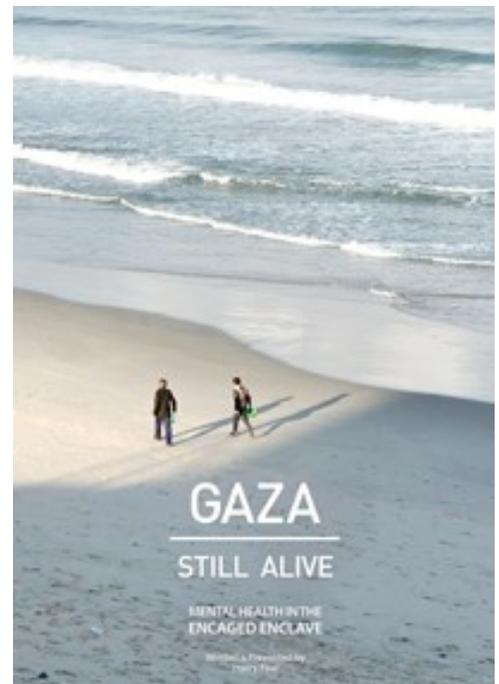
When you think of Gaza, you may think of war and destroyed buildings. But Gaza's story is one of much more than destruction. *Gaza: Still Alive* decidedly overlooks the politics of Palestinian in-fighting and Israeli occupation. Rather, it focuses on the scars and cracks inside ordinary civilians' minds.

Journalist Harry Fear returns to the Gaza Strip to learn how civilians he met during the 2014 war are still coping with the effects of war trauma. The film reveals the mental health catastrophe in Gaza, after years of bloody conflict with Israel, and a decade of suffocating isolation from the world. This is the story of endemic war trauma in the impoverished territory, through the eyes of ordinary civilians and the psychologists tasked with supporting them against all odds.

As part of our Second Saturday Documentary Series, *Gaza: Still Alive* will be shown via Zoom Saturday, August 13, at 1:30 p.m. There will be a discussion immediately following the film. You can register for this screening and other films in the series at [SSDSZoom](#).

This documentary seeks to convey the exquisite pain and hardship that is life, being a Palestinian in Gaza — for the ordinary person, the person just trying to get by, the person who's seen 3 wars, the person who's a refugee. Most people in Gaza have lost someone or know of someone lost; most have experienced direct traumatic events. Most live with the atmosphere of confinement. Most feel imprisoned.

This is the story of Gazans' immense invisible suffering, through the eyes of ordinary civilians and the psychologists tasked with supporting them against all odds.



FELLOWSHIP NEWS



REGISTRATION REQUIRED

To enhance the safety of your Zoom experience, we require advanced registration for Zoom meetings held on the church's Zoom account. You only need to register once for a repeating event. Find the registration links in the descriptions of the scheduled events below.



MONDAY MORNING BIBLE STUDY

Monday Morning Bible study continues to Zoom from 11:00 a.m. to Noon. The scripture studied is typically the scripture for the coming Sunday's worship service. Everyone is welcome. Register at bit.ly/mmsreg.



DAYTIME FELLOWSHIP GROUP August 15

The Daytime Fellowship meets on the third Monday of the month (which is August 15). Bring your lunch to this monthly Zoom gathering. We share the same meeting link as the Monday Morning Bible Study, so join by registering for the Bible Study at bit.ly/mmsreg.



CYBER GEEZERS August 23

This is a gathering of retirees who are interested in learning more about computers, the Internet, etc. They meet on the first Tuesday following the third Wednesday, which is August 23, from 1:30 p.m. to 2:30 p.m., this month. The group gathers on Zoom. Please contact Jerry Sabo (jlsabo3@comcast.net) for the Zoom link and more information.



LAP ROBE TYING GROUP August 31

This group is back to meeting regularly, on the fourth Wednesday of the month. With COVID protocols in mind, everyone is asked to bring their own lunch. The August meeting will be Wednesday, August 31, from 10:00 a.m. to 2:00 p.m. Please contact Judy Molander (jumolander@aol.com) to be added to the group's email list or if you have suggestions for organizations that might want some donated lap robes.



GREEN TEAM MEETING August 3 and 17

You're welcome to join the Green Team, a group leading our congregation to address the climate crisis. They meet the first and third Wednesdays of the month from 3:30 p.m. to 4:30 p.m. This month they are meeting August 3 and 17. Please contact Susie Claxton (veroclax@sbcglobal.net) for information on joining the group and attending meetings.

WOMEN'S FALL RETREAT PLANS ANNOUNCED September 16 and 17

Women are encouraged to save the dates for the Fall Women's Retreat: September 16, 6:00 p.m. to 8:00 p.m., and September 17, 10:00 a.m. to 3:00 p.m. The theme is Reignite Your Life: Dare to Dream.

Participants will dream about the future of Women's Ministry in the Region, so all are encouraged to share their hopes, wishes, and prayer for this dynamic ministry. The Rev. Teresa "Terri" Hord Owens, General Minister and President of the Christian Church (Disciples of Christ) in the United States and Canada, is scheduled to be the keynote speaker.

**PRAYERS FOR THESE PEOPLE AND THEIR FAMILIES
BECAUSE OF THEIR HEALTH CONCERNS:**



Joy Barnitz's friend, **Polly Baxter**;
Joy Barnitz's friend **Rachel**;
Joy Barnitz's friend **Alison**;
Susie Claxton's sister, **Caroline**;
Becky Moreno's brother-in-law **Vince**;
the mother of Bridget Lucey-Cose's co-
worker **Will**;
Michael Thomson's sister, **Mary
Thomson**;
Alison Kieft's sister-in-law, **Debbie
Thompson**;
**Alison Kieft's friend undergoing
cancer treatment**;
Grace Rankin's brother, **Jim Carstairs**;
Katy Wharton's mother;
Maria Garnica's brother, **Victor
Garnica**;
Suzy Mahusay's sister, **Jo Carroll**.

Cindy Corey;
Bruce Roeding;
Grace Rankin;
Alison Kieft;
Melissa Palleschi;
Cindy Sojourner;
Veronica Riggs;
Ginny August;
Martha LeRoy;
Barbara P. King;
Judy Zlatnik;
John Zlatnik;
Helen Boyer;
JoAn Parker;
Charlie Smith;
Becky Moreno;
Isabel Moreno;
Nancy Attinger;
Diana Roeding;
Charlotte O'Donnell;
Penn Boyer;
Isaiah Espinoza-Carter;
Diane Kindle;
Sandra Frisbey;
Bob Monkman's mother, **Patrica
Hanadel**;
Dale London's husband, **David
London**;
Gem McMeen's mother-in-law,
Mary Kelley;

Shaun Moeller's brother, **Dave
Nyman**;
Ron Adamson's sister, **Joanne Orput**;
Barbara King's daughter, **Carrie King**;
Barbara P. King's son, **Jason King**;
Sharon Yool's former student, **Jennifer
Hurd**;
Sharon Yool's daughter;
Bee Newell's grandnephew;
Bee Newell's nephew **Matt Hovland**;
Diane Harvey's sister, **Linda**;
Judy Smith's friend, **Diane Sanchez**;
Priscilla Taylor's father-in-law and
mother-in-law, **Steve and Angie
Taylor**;
Priscilla Taylor's friend, **Kevin Wilbon**;
Priscilla Taylor's friend, **Kathy Cavalli**;
Priscilla Taylor's friend, **Lana Artemoff**;
Rich Gallegos' mother, **Esther**;
Helen Boyer's sister-in-law, **Marjorie
Boyer**;
Cindy Sojourner's friend **Saemi and
her brother Don Ladue**;
Associate Conference Minister **Rev.
Davena Jones**;
Sandra Wong's friend, **Nichelle**;
**Joy Barnitz's friends' baby who is
home from the NICU**;
Joy Barnitz's dear friend **Rev. Jeffrey
Cheifetz**;

PRAYERS FOR ALL WHO ARE GRIEVING, ESPECIALLY:

The Family of Marion Wolfe as they grieve her death on
July 15;

The family of Karen Koshy as they grieve her death on
July 8;

Suellyn Steigmeyer and her family as they grieve the
death of her aunt on April 15;

Ken Lucey-Cose and his family as they grieve the
death of Ken's grandfather, Jack Petty, in early April;

Pastor Jeff and his family as they grieve the death of
his stepmother, Pat Hadley, on March 26;

ALL WHO ARE CARING FOR SICK, FRAIL, AND/OR ELDERLY FAMILY MEMBERS.

**PEACE THROUGHOUT THE EARTH, OFFERING THANKS FOR ALL WHO THROUGH NON-VIOLENT METHODS ARE BRINGING
GOD'S COMPASSION AND JUSTICE TO THE WORLD.**

A reminder about this prayer list:

If you have a prayer request that you'd like added to this list (or removed) please let Pastor Jeff know.



Niles Discovery Church
 United in God's love for everyone's journey ... no exceptions.

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:30 a.m.-12:30 p.m. Bible Study 7:30-9 p.m. Ministry Team Meetings	2 1-2 p.m. MCE Meeting	3 3:30-4:30 p.m. Green Team	4 2-3 p.m. Stewardship Meeting 7:15-8:15 p.m. Thursday Night Drop-In	5	6
FLEA MARKET IN FELLOWSHIP HALL						
7 10-11 a.m. Worship	8 11:30 a.m.-12:30 p.m. Bible Study 7:30-9 p.m. Finance Committee	9 10-12 p.m. GNV: Board of Directors	10 1-2 p.m. GNV: Online Gathering 4:30-5:30 p.m. SSDS Producers	11 7:15-8:15 p.m. Thursday Night Drop-In	12	13 1:30-4:30 p.m. SSDS - Gaza: Still Alive
14 10-11 a.m. Worship 11 a.m.-12 p.m. Town Hall Meeting	15 11:30 a.m.-12:30 p.m. Bible Study 12:30-2 p.m. Daytime Fellowship 7:15-10 p.m. Cabinet	16	17 3:30-4:30 p.m. Green Team 7:30-9 p.m. PPRC	18 7:15-8:15 p.m. Thursday Night Drop-In	19	20
21 10-11 a.m. Worship 11:30 a.m.-12:30 p.m. Inquirers Gathering	22 11:30 a.m.-12:30 p.m. Bible Study	23 10-12 p.m. GNV: Board of Directors 1-2:30 p.m. Cyber Geezers 7:30-9 p.m. Book Group	24 7:30-9 p.m. Care Team	25 7:15-8:15 p.m. Thursday Night Drop-In	26	27 Flea Market Weekend
28 10-11 a.m. Worship Flea Market Weekend	29 11:30 a.m.-12:30 p.m. Bible Study	30	31 10 a.m.-2 p.m. Laprobe Tying Group 7-9 p.m. GNV: Online Gathering	Notes: - August 11: BELL DEADLINE - Pastor Jeff continues to be on sabbatical until October. - Mikele is on vacation August 5 through 14. - Cecilia is on vacation beginning August 29. GNV = Greater Niles Village		



Niles Discovery Church

Rev. Jeffrey Spencer,
Senior Pastor

Rev. Brenda Loreman,
Associate Pastor
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Niles Discovery
Church

THE BELL IS FIRST CLASS

This edition of *The Bell* was graciously edited by Priscilla Taylor. If you received this issue of *The Bell* through the US Mail, then you received it first class mail. You can help reduce our costs (roughly \$1.50 per issue you receive in the mail) by receiving *The Bell* via email. Simply go to <http://bit.ly/NDCemailsignup> and start filling out the forms. You can select what email lists you want to join – for the newsletter, the weekly prayer requests, the weekly announcements, and more. Then, please leave a phone message or email the church office (510-797-0895; admin@nilesdiscoverychurch.org) so we can note in our database that you don't need *The Bell* via the US Mail any more.



a just
world
for all
ucc.org